



3rd-5th: Day #3

Theme: Superheroes Kitchen Nightmare!

Bible Story: Jesus Feeds 5,000. (John 6:1-13)

Bottom Line: I will be super and respond to others

Verse Of the Day: “Don’t forget to do good and to share what you have because God is pleased with these kinds of sacrifices.” Hebrews 13:16 (CEB)

Teacher Notes:

Imagine the scene for just a moment; over 5,000 people listening to Jesus in a remote area of town. Pretty much in the middle of nowhere. As the day goes on the people are getting hungry and there are no meal options. Jesus encourages the disciples to find dinner for everyone, but even a cheap dinner would cost more than \$40,000. At this point a youth enters the story offering his lunch of 5 loaves of bread and 2 small fish to Jesus. It wasn’t much but he was willing to share. We know how the story ends; a miracle occurs with this lunch and everyone gets plenty of food! The youth could have easily kept his lunch to himself, but he sees a challenging situation and RESPONDS! That is what Superheroes do: they respond when someone needs help. As we go through Day 3 of VBC we’ll see small and big ways we can respond and when we do this we become super!



Welcome everyone back to day 3 of VBC, greet your students by name! *Take turns having everyone answer this icebreaker question together:*

Would you rather eat Octopus for lunch or snails for dinner?

Remind your group of the **superheroes pledge** that we will follow during the week of camp. As the week goes on and everyone becomes more comfortable with each other please continue to make sure campers are treating each other in a super way!

- A hero treats others with respect
- A hero participates in camp
- A hero has fun

See if anyone completed the challenge of the day yesterday.

Opening Game #1: Response Time!

Supplies Needed: Small Balls (Tennis Balls, Baseballs, Ball Pit Balls)

What you do:

- Partner Heroes up
- Give each pair one ball
- Instruct one Hero to place the ball on the neck of their partner and hold it still
- The other Hero will stand up straight with arms to their side
- Have them count to three then let go of the ball so it begins to roll down their back
- Once the Hero feels the ball being released, they will clap their hands one time in front of them then quickly move their hands to try and catch the ball behind them.
- See how fast they can respond to the ball being released and catching it.
- Switch roles and play again. See how many times out of 7 they can catch it.
- To increase the difficulty do not count to 3 but just release it.

Say: Way to respond when you felt the ball being released! Today we are doing to find out that heroes respond when someone needs help.

Opening Game #2-Head, Shoulders, Ears Cups

Supplies Needed: Plastic Cups

What you do:

- Pair Heroes up (If you have an odd number of kids have a leader play)
- Each pair gets 1 cup
- Pairs face each other on their knees, with a cup in the middle between them.
- Leader will call out either “Head, Shoulders, Ears, Cup” whatever the leader calls out that is the body part they must touch using both hands. When the leaders says “cup” students grab the cup. Whichever of the pair ends up with the cup gets a point.
- Play a few times to practice....change up the order and pacing of what you call out and vary when you say cup.
- Play a best out of 3 or 5 round then switch partners.
- If time...Play an elimination round where the winners advance until we only have 1 winner remaining
- If cups break, replace them and throw the broken ones out.

Say: In this game in order to win you had to respond when you heard the word cup. Today you will find out that Hero’s respond to needs when they see them. Much like you all responded when you heard the word cup!



-Take **third and fourth** graders to sanctuary for the all-student worship time.

- Find your designated group sign.

-**Fifth** graders will have their worship in the Rez-Life where they will be at all times other than for outside games.



What you need: Dice, Markers, Pens, Paper, Timer

What you do:

1. Hand each Hero a piece of paper and something to draw with.
2. Have them divide the paper into 4 segments (They can use back and front)
3. Read John 6:1-13. (Scripture is below.)
4. Stop at each pause point; instruct campers to draw what they just heard in 45 seconds. The first pause point they will draw normally. For each of the following points roll the dice. Whatever number is rolled, a special challenge will be part of their drawing. See list below.

#1-Draw with eyes closed.

#2-Draw with opposite hand.

#3-Draw while at the same time rubbing your head.

#4-Nothing.

#5-Draw while standing on one foot.

#6-Draw and count to 5,000 out loud at the same time. (They obviously will not make it to 5,000)

5. Continue until you have completed the entire passage.

6. Allow campers to show off their drawings. Then, ask these questions:

1. Do you remember a time when you were really hungry?
2. When you are hungry what is something that you love to eat?
3. Why do you think only the boy shared his food?
4. Is it easy or hard to respond to people in need?

Say: For some reason only 1 boy responded to the need of all the hungry people. He heard people were hungry and saw the disciples looking for food. The boy could have very easily just eaten his lunch and minded his own business but instead he saw a need, responded, and soon everyone had just enough food! The boy was a hero that day. Our challenge is to be like that boy to pay attention and respond when we see people in need.

John 6:1-13/**Feeding of the five thousand**

6 After this Jesus went across the Galilee Sea (that is, the Tiberias Sea). ² A large crowd followed him, because they had seen the miraculous signs he had done among the sick. ³ Jesus went up a mountain and sat there with his disciples. ⁴ It was nearly time for Passover, the Jewish festival. **(pause and have campers draw)**

⁵ Jesus looked up and saw the large crowd coming toward him. He asked Philip, "Where will we buy food to feed these people?" ⁶ Jesus said this to test him, for he already knew what he was going to do.

⁷ Philip replied, "More than a half year's salary^[a] worth of food wouldn't be enough for each person to have even a little bit." **(pause and have campers draw)**

⁸ One of his disciples, Andrew, Simon Peter's brother, said, ⁹ "A youth here has five barley loaves and two fish. But what good is that for a crowd like this?" **(pause and have campers draw)**

¹⁰ Jesus said, "Have the people sit down." There was plenty of grass there. They sat down, about five thousand of them. ¹¹ Then Jesus took the bread. When he had given thanks, he distributed it to those who were sitting there. He did the same with the fish, each getting as much as they wanted. ¹² When

they had plenty to eat, he said to his disciples, “Gather up the leftover pieces, so that nothing will be wasted.” ¹³ So they gathered them and filled twelve baskets with the pieces of the five barley loaves that had been left over by those who had eaten. **(pause and have campers draw)**



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Goldfish Cracker Relay:

What you need: Individual bags of goldfish crackers 1 for each hero, plus 3 bags to use for the game, small baskets.

What you do:

- Divide your group into 3 teams
- Teams stand in a straight line
- The first person in line has a bag of goldfish crackers
- About 10-12 feet away is a basket

- When a leader says go the first person in line takes a goldfish cracker and places it on their foot. They then hop or walk slowly down to the basket and place the goldfish cracker in the basket.
- They return to the line so the next person can go.
- If the cracker falls off their foot, they must stop and place it back on their foot.
- First team to get 12 crackers in the basket wins!
- Winning team gets bags of goldfish crackers to take home. (Or have the winning team give them to another team like the boy shared in the story.)
- Play again as time allows so that all teams end up with goldfish crackers to take home.

What you say: The boy in his story used his feet to respond to a need and by the time the meal was over there were 12 baskets of leftovers everyone went home happy and full. In our game we used our feet, put leftovers in a basket, and we'll all leave with plenty leftovers to enjoy. As we get ready to leave camp today, let's pay attention and see where we might be able to respond to others and show God's love! (You can remind campers one more time about our VBC mission projects of collecting money for Malawi and bedding for our bed's ministry.)

Memory Verse, Daily Challenge, and Prayer

Verse Of the Day: Don't forget to do good and to share what you have because God is pleased with these kinds of sacrifices." Hebrews 13:16 (CEB)

Prayer Time

Close your time in prayer, you can pray, have a student prayer, or read the prayer below:

Dear Jesus,

Help us to our feet and respond to others. Thank you for the young boy who responded in our story today and shared his lunch with you. Help us pay attention and look for ways to be super and respond to other who might need our help. Thanks for the awesome campers and this great day of VBC bring everyone back safely tomorrow! In Jesus' name. Amen!

Daily Challenge:

SAY: Each day you are going to get a card to take home with you. (Show the kids the front of the card.) Today's card has a letter "R" on it for Respond because we learned that Jesus calls on us to Respond to others . Our challenge for you tonight is to take this card home and share it with your family. When you come back tomorrow, you can share they ways you thought of to be more like Jesus by Responding! Be sure to keep your cards and by the end of the week they will spell out HERO!