



K/1st – Day #4

Superheroes Movin' On Up! – Breakfast on the Beach | John 21:12-19

Bottom Line: I will move onward and never stop being SUPER!

Verse of the Day: “You are the light of the world.” Matthew 5:14 CEB

Memory Verse: “In the same way let your light shine before people, so they can see the good things you do and praise your Father who is in heaven.” Matthew 5:16 (CEB)

Teacher Notes: Everyone loves a good finish, right? We love a last second buzzer beater in basketball or how about a movie whose ending has us talking for days about it. Or, how about the feeling we get as we finish our exercise routine? Today as we wrap up our week of VBC we'll see that being a Superhero and following Jesus really doesn't have a finish line. There is always more to do. In today's story Peter feels finished, just a few days ago he messed up big time! Thinking his relationship with Jesus is over, he heads back to the boat to fish. But Jesus returns offering Peter forgiveness, then tells him there is more work to be done and after all that cooks him breakfast! As superheroes following Jesus, we'll leave camp today ready to go onward and ready to be super and follow Jesus every day. When we mess up; we'll know Jesus is there offering forgiveness and maybe a nice breakfast! (BTW-Thanks for being super this week and serving kids you have made a difference!)



CHECK-IN

As kids arrive have one leader check kids in while the other leader guides kids in the opening activity.

Supplies Needed: City Scape, People Stickers

DO: Have kids decorate the city scape on the wall by adding people stickers. Talk about the ways you learned this to be a helper, encourager, and responder. Tell them that when they help, encourage, and respond to people in their schools, homes, community and the world they are bringing their light into the world and sharing God's love.

WELCOME TO DAY 4

Gather your group together.

SAY: I have had such a wonderful time with all of you at Hero U this week. You have done such an amazing job training to be superheroes! It may be our last day, but it's going to be our best! Let's start by praying together!

PRAY: Heavenly Father, Thank you so much for this last day together at Hero U. We have learned so much this week and look forward to learning more today. You are an amazing and loving God. Amen

SAY: Now that we have learned to be helpers, encouragers, and responders we are going to learn about how to go into our community and be HEROS. Our verse of the day is from Matthew, chapter 5, verse 14 it says, "You are the light of the world."

What do you think it means to be the light of the world? *(Allow kids a few moments to think about it)* Being the light of the world means sharing God's love by showing love for others. We can share God's love and be a light in the world by being HEROS! We will be helpers, encourages, responders and we will never stop being super and move onward! Say this with me. **"I will never stop being SUPER and move onward!"** Awesome! We have one last poster to add to our wall – the O. Let's add it and finish spelling out HERO! *(Review each letter of HERO)*

Moving Onward!

Supplies Needed: *Blow-up World Globe, Heart Stickers, Stopwatch or Phone with a stopwatch*

DO: Give each kid a heart sticker and have them think of a way they can be a light in the world by doing good things. Toss the globe beach ball to each kid and have them tell one thing they can do to be a helper, encourager or responder and then attach the heart sticker to the globe. After everyone has had a chance:

SAY: Those are some awesome ways to be a HERO! God wants us to go onward and share His love with the world! Let's play a game with our globe!

DO: Have kids stand in a tight circle. Choose a kid to start the game by saying "**I will be SUPER and move onward!**" and then toss the ball in the air. The goal of the game is to keep the ball from hitting the ground for as long as possible. If the ball touches the ground, start the game over and choose another kid to say "**I will be SUPER and move onward!**" Continue for as long as the kids stay interested.

SAY: That was so much fun! Let's get ready for large group by saying our Superhero Chant!

Superhero Chant

Supplies Needed: *None*

SAY: On the count of three show me your superhero pose. Ready, 1, 2 3. You guys look like real superheroes!

When I say Superhero's Unite you say:

We watch *(hand over your eyes like you're looking out)*

We know *(hands on hips, stand with pride)*

We become *(spin around)*

More like Jesus! *(Strike a superhero pose)*

SAY: Fantastic! Let's head out to large group!



Take your group to the worship area for Large Group Time.



Supplies Needed: Bible, Paper, Markers or Crayons

SAY: I have had such a great time with you at Hero U where we watch, we know, and we become more like Jesus! In today's Bible story we learned that being hero means moving onward in the world and caring for each other. We never stop being heroes!

DO:

Have the kids fold their paper in half and then fold in half again, so that they have four squares. In the corner of each square have them write the number of the squares from 1-4.

Read one section of today's story and then have the kids draw a picture in a square depicting that part of the story.

Square #1

¹² Jesus said to them, "Come and have breakfast." None of the disciples dared ask him, "Who are you?" They knew it was the Lord. ¹³ Jesus came, took the bread and gave it to them, and did the same with the fish. ¹⁴ This was now the third time Jesus appeared to his disciples after he was raised from the dead.

Square #2

¹⁵ When they had finished eating, Jesus said to Simon Peter, “Simon son of John, do you love me more than these?”

“Yes, Lord,” he said, “you know that I love you.”

Jesus said, “Feed my lambs.”

¹⁶ Again Jesus said, “Simon son of John, do you love me?”

He answered, “Yes, Lord, you know that I love you.”

Jesus said, “Take care of my sheep.”

Square # 3

¹⁷ The third time he said to him, “Simon son of John, do you love me?”

Peter was hurt because Jesus asked him the third time, “Do you love me?” He said, “Lord, you know all things; you know that I love you.” Jesus said, “Feed my sheep.”

Square #4

¹⁸ Very truly I tell you, when you were younger you dressed yourself and went where you wanted; but when you are old you will stretch out your hands, and someone else

will dress you and lead you where you do not want to go.” ¹⁹ Jesus said this to indicate the kind of death by which Peter would glorify God. Then he said to him, “Follow me!”

SAY: Jesus was giving Simon Peter a very special job of taking care of people. Jesus has given us the same job, to take care of others. Superheroes for Jesus always keep moving onward! They share the light of Jesus in the world by being helpers, encouragers and responders! Say this with me, “**I will never stop being super and move onward!**”



Superhero Gear!

Supplies Needed: Capes, Letter Foam Stickers, Star Stickers

SAY: We have worked so hard all week creating our superhero costumes and today is the last, but maybe the most important piece of our costume, our capes!

DO:

- Give each kid a cape and an assortment of stickers.
- Let them decorate their capes with their initials and stickers.
- While they are working **ASK:**
 - What have you learned about being a hero this week?
 - What do you think it means to become like Jesus?
- When kids are finished with their capes let them try them on and then place them in their backpacks.

Go Onward and Shine Your light! Art

Supplies Needed: Map Posters, Markers, Colored Pencils, Star Stickers

SAY: Each one of you has done an amazing job learning to be a hero this week, a helper, encourager, and responder! We watch, we know, and we become more like Jesus! In today's Bible story we learned that Jesus wants us to shine our light in the world. We learned so many

ways at HERO U this week to move onward into our community, homes and school and be the light to others. Say this with me. **I will never stop being SUPER and move onward!**

DO: Have kids color their posters with markers or crayons, adding star stickers to remind them to shine their light in the world. Talk about ways they can continue to be a light in the world after VBC is over. Remind them about the 4 friends who were Helpers and took the paralyzed man to see Jesus, the way Jesus encouraged Philip, the boy who shared his 5 loaves of bread and 2 fish, and how Jesus told Peter to go into the world and take care of sheep.



Gather your group together to end your morning.

Prayer Time

Choose a student to pray or use the following prayer:

Dear God, thank you for this incredible week at VBC. Thank you for our leaders and the friends we've made here. Please help us to remember to be helpers, encouragers, and responders in our homes, schools, cities and in the world. We never want to stop watching, knowing, and becoming more like Jesus. We love you. Amen

Take-Home Challenge

Supplies Needed: Take-home challenge card, Suckers, Capes, Cards, Stickers, Markers, Crayons

DO: Hand out Take-home challenge cards and invitation cards. Make Superhero suckers to add to the invitation. Have the kids cut out and decorate a cape and add to the suckers.

SAY: I'm so excited for our VBC family event on Friday night! *(Tell the kids what will be happening at your location on Friday night)* I hope all of you can come and bring a friend with you! Let's make an invitation for someone you would like to bring with you on Friday. We'd love to see you in KiDSCOR on Sunday morning, too!

End of Day Discussion Questions

Have kids gather up any items they are taking home and huddle up in a circle. Ask the following questions:

What was your favorite part of VBC this week?

What was your favorite Bible Story?

Who can you invite to the family party on Friday night?