



**Superheroes Movin' on Up!**

**BIBLE STORY**

Breakfast on the Beach

John 21:12-19

**BOTTOM LINE**

I will never stop being SUPER!

**VERSE OF THE DAY**

"You are the light of the world."

Matthew 5:14 (CEB)

**CHALLENGE OF THE DAY**

Bring some \$ to help with the VBC mission project.

5:30-6:00	CHECK IN & DINNER
6:00-6:20	SMALL GROUP 1
6:20-6:50	LARGE GROUP
6:50-7:20	ROTATION – SCIENCE (Back Patio)
7:20-8:00	SMALL GROUP 2 & CLOSING

**SUPPLIES:**

- Markers
- Cell phone, paper, pens
- Opening Game Link
- Spoons, Cups, Balls, Balloon, coin
- Froot Loop Cereal Pieces and Rice Krispy Cereal, Tic-Tac-Toe Boards (2)
- Capes, Sharpies
- Lollipops, Capes for Pops, Tape, Scissors
- Take Home Challenge Cards

## **TEACHER NOTES:**

Everyone loves a good finish, right? We love a last second buzzer beater in basketball or how about a movie whose ending has us talking for days about it or how about the feeling we get as we finish our exercise routine? Today as we wrap up our week of VBC we'll see that being a Superhero and following Jesus really doesn't have a finish line. There is always more to do. In today's story Peter feels finished, just a few days ago he messed up big time! Thinking his relationship with Jesus is over, he heads back to the boat to fish, but Jesus returns offering Peter forgiveness then tells him there is more work to be done and after all that cooks him breakfast! As superheros following Jesus we'll leave camp today ready to go onward and ready to be super and follow Jesus every day and when we mess up; we'll know Jesus is there offering forgiveness and maybe a nice breakfast! (BTW- Thanks for being super this week and serving kids you have made a difference.)

## **DINNER TIME – 5:30-6:00**

*Please plan to eat dinner with your class. As they arrive, we will help them through the dinner line and direct them to their class table. If you have most of your campers at your table, offer the following prayer to bless the food. Once your class is finished eating, go to your class space for the Meet your Superhero Friends activities.*

**PRAYER:** Dear God, thank you so much for bringing us all back together today at Hero U! Help us to remember that yesterday we can be SUPER and help others. Help us to watch, to know and to become more like Jesus today. We know we will have a great time! Thank you for this food before us and the hands that prepared it for us. We love you, Amen.

### **TALK ABOUT:**

What was your favorite part about VBC yesterday?

Did you use your helping hands to help anyone today?

When have you seen someone who needed your help? How did you know they needed help?



Welcome everyone back to our final day of VBC, greet your students by name! *Take turns having everyone answer this icebreaker question together:*

**What is your favorite thing to eat for breakfast?**

Remind your group of the **superheroes pledge** that we will follow during the week of camp. Encourage your group to finish super today and follow this pledge completely!

- A hero treats others with respects
- A hero participates in camp
- A hero has fun

Check in and see if anyone completed their daily challenge from yesterday.

## ***Name That Breakfast Food!***

**Supplies Needed:** Cell phone, paper, pens, Opening Game Link

What you do:

**Ask:**

Who usually eats cereal for breakfast? (Allow responses)

Anyone eat fish for breakfast? (allow responses)

Divide your group into teams of 2 or 3

Show close up pictures of cereal using our opening game link (Scan or click here)

Teams have 20 seconds to come up with the correct answer and write it down on their paper.

Reveal the answer and give points to whoever got it right.

See who can get the most right out of 10.

Congratulate the winner team then

**SAY:** Today our final VBC Bible story take place during breakfast, but Jesus and Peter did not have cereal for breakfast, instead they had fish!

## ***The Game That Doesn't End!***

**Supplies Needed:** Spoons, Cups, Balls, Balloon, coin

**What you do:**

***Leader's Note: In this game you are going to have to do a little acting.***

Begin by dividing your group into 2 teams

Teams have to complete one of the following challenges below as a relay.

First member of the team will complete challenge then will come back tag one member of their group who will go down and complete the challenge as well.

Time your groups to see how fast they can complete the challenge.

Just when the team is about to finish and think they have completed the challenge, add the next challenge and say something like "oops I didn't read all the instructions we need to complete this challenge as well." You'll do this 3-4 times before you finally finish.

The campers will probably get frustrated with you but that is ok...you'll explain it all to them at the end of the game.

The 5 challenges are:

#1-Flip a coin until you get heads 3 times

#2-Balance a ping pong ball on a spoon to a spot that is 10-12 feet away and back.

#3-Stack 5 cups on top of each other then take the tower down

#4-Hit a balloon in the 5 times

#5-Do 5 jumping jacks

**Say:** Congratulations teams on completing the course! I promise there is nothing left to do for this particular game. How did you all feel when you thought you had completed the game but then I added something else for you to do? (Allow responses) Today we are learning that superheros move onward. The “O” in hero stands for onward. As super followers of Jesus we never stop being super and sharing God’s love. In our Bible story today one of the disciples messed up big time and thought he was done being a disciple of Jesus but Jesus offered him forgiveness and told him it was time to go onward!



*Lead your group to the sanctuary for Large Group.*



**What you need:** Froot Loop Cereal Pieces and Rice Krispy Cereal, Tic-Tac-Toe Boards (2)

**What you do:**

- Review the Bible Story by reading John 21:12-19 (scripture below)
- Divide into 2 teams or 4 teams (If you divide into 4 teams you'll play 2 games at the same time. This is ideal if you have enough leaders as it keeps more kids involved)
- Assign each team a cereal and give them their pieces.
- Ask the questions if the team gets it right they get to place their cereal piece on the tic-tac-toe board. The goal is to get 3 in a row.

**Review Questions:**

1. What meal did Jesus make for the disciples? (Breakfast)
2. Who said to Jesus: “Who are you?” (No one)
3. What was on the breakfast menu? (Bread and Fish)
4. How many times had the disciples seen Jesus since Jesus came back to life? (3)
5. Which disciple did Jesus pull aside to chat talk with? (Simon Peter)
6. What did Jesus ask Simon to feed? (Lambs)
7. What question did Jesus keep asking Peter? (Do you love me)
8. How many times did Jesus ask Peter this? (3)
9. Why did Jesus ask Peter this question 3 times? (Because Peter denied Jesus 3 times)
10. What book of the Bible is this story from? (John)

11. What was the last thing Jesus said to Peter? (Follow Me)
12. Why was Peter fishing in the first place? (He had denied Jesus so thought he was done being a follower of Jesus.)
13. What does the "O" in Hero stand for? (Onward)
14. When do we stop being a superhero/disciple of Jesus? (Never)
15. What does the "H" in Hero stand for? (Helper)
16. What does the "E" in Hero stand for? (Encourager)
17. What does the "R" in Hero stand for? (Responder)

If your games are not complete after using these questions finish up the game by asking any other questions you can think of that helps hero's review the week. Once the game is over say....

Say: Peter was upset, he had denied Jesus 3 times and probably thought his time was up on being a disciple of Jesus. But Jesus shows up, brings breakfast and forgiveness to Peter and tells him to follow me. That's the thing about following Jesus it never stops. Superheroes for Jesus keep going onward. And even when we mess up Jesus will forgive us and tell us to follow him. So as we end our week together remember that a Superhero never really gets time off and the same is true for a follower of Jesus. Wherever you are it's always a good time to follow Jesus.

**John 21:12-19**  
**New International Version**

<sup>12</sup> Jesus said to them, "Come and have breakfast." None of the disciples dared ask him, "Who are you?" They knew it was the Lord. <sup>13</sup> Jesus came, took the bread and gave it to them, and did the same with the fish. <sup>14</sup> This was now the third time Jesus appeared to his disciples after he was raised from the dead.

<sup>15</sup> When they had finished eating, Jesus said to Simon Peter, "Simon son of John, do you love me more than these?"

"Yes, Lord," he said, "you know that I love you."

Jesus said, "Feed my lambs."

<sup>16</sup> Again Jesus said, "Simon son of John, do you love me?"

He answered, "Yes, Lord, you know that I love you."

Jesus said, "Take care of my sheep."

<sup>17</sup> The third time he said to him, "Simon son of John, do you love me?"

Peter was hurt because Jesus asked him the third time, "Do you love me?" He said, "Lord, you know all things; you know that I love you."

Jesus said, "Feed my sheep. <sup>18</sup> Very truly I tell you, when you were younger you dressed yourself and went where you wanted; but when you are old you will stretch out your hands, and someone else will dress you and lead you where you do not want to go." <sup>19</sup> Jesus said this to indicate the kind of death by which Peter would glorify God. Then he said to him, "Follow me!"



## *Nice Cape!*

**Supplies Needed:** Capes, Sharpies

### **What you do:**

Say: We've spent all week talking about Superheroes and how we can be a superhero everyday for Jesus. I don't think we can have a camp about superheroes and not give away capes. I know most of us are not going to wear capes around except maybe at Halloween but we hope you'll take this cape home and hang it somewhere in your room where you can see and as you get up every morning remember that you can be a hero too. And to remember what a Hero does we are going to take a minute to custom designed out capes.

Hand out 1 cape to each camper

Give each camper access to the sharpies

Instruct the campers on their capes to write "Hero" down one side of the cape and what each letter stands for.

H-Help

E-Encourage

R-Respond

O-Onward

After they write Hero on the cape give them a few minutes to add anything else they want to add. Also be sure to write their name.

If your group is willing have everyone put on their capes and take a group picture. You can send that picture to your VBC director at this email address.

\*If campers finish early you can give them the Superheroes activity page if they are looking for something to.\*

Bring your group together one last time and discuss the following questions:

What was your favorite part of camp?

What is one thing you wished we did more of?

How are you going to be Hero tomorrow, next week, or next month?

## Invite A Hero

**Supplies Needed:** Lollipops, Capes for Pops, Tape, Scissors

**What you do:**

- Hand each hero a lollipop and have them attach a cape to each pop to make it look super!
- Hand out the invitation to tomorrow night's Hero U Party.
- Ask each hero to think of one person they can invite to the VBC Party on Friday Night.
- Encourage them to give their super invitation and lollipop to someone they would like to invite.
- If there are extra lollipops, they can enjoy one as well.



## Memory Verse, Daily Challenge, and Prayer

**Verse Of the Day:** "Encourage one another and build each other up." 1 Thessalonians 5:11 (NIV)

### Prayer Time

Close your time in prayer, you can pray, have a student prayer, or read the prayer below:

**Dear Jesus,**

*Our words have power. We saw the power of words in today's Bible story when Peter walked on the water. May we use words that encourage and build others up so that they can do great things and be*

*Superheroes just like you and me. Thank you for all these campers, thank you for this church, help us to be superheroes the next 24 hours with the words we use. In Jesus Name! Amen.*

**Hand out the final daily challenge card! Encourage Hero's to complete the challenge even though you will not be meeting as a group to follow up tomorrow!**

**MAKE SURE TO SEND ALL ITEMS AND BAGS HOME WITH  
CAMPERS TODAY!**

**After all campers are picked up please take down any decorations and return all supplies to the shelves in the Butterfly Room.**